



# Asian Family Counselling Service and Nafsiyat Inter-cultural Therapy Centre

2009 Joint Seminar Series on Inter-cultural Therapy with Children and Families

Hybridization as a Therapeutic Challenge: Couple and Family Work across Bicultural Divides

Friday, November 20th, 2009 2:00 pm to 5:00 pm

This seminar explores the therapeutic challenges of working with family members representing multiple generations with quite different cultural values. Hybridization of cultural frames of reference influences alliance building, dynamics and strategies in the family therapy context. The identifications and frames of reference are issues evident in the internal and external worlds of the family and the therapist. Reframing and forming alliances to shift functioning of family or couple systems present ethical and empathic challenges. Generational transmission of values and trauma raises interesting dynamic issues, sometimes promoting health and wellness, at other times culture is used as a defence against any reflection or remapping of family or couple options. Clinical vignettes will serve as a path to enter this territory and highlight issues that emerge in proposing strategies for couple and family work.

Speaker: Jaswant Guzder, MD, FRCPC McGill University, Montreal, Canada

Dr. Guzder is Associate Professor in the McGill Department of Psychiatry and Head of Child Psychiatry at the Jewish General Hospital. She is a psychoanalyst and supervisor for the Art Therapy masters program at Concordia University. Dr. Guzder worked in Mumbai, India from 1980 to 1984. Her child and family practice in Montreal is multicultural. She has graduate students working with South Asian and African populations. Her areas of expertise include: Clinical practice with migrant and refugee children and families; borderline pathology in children; culture and psychosis; trauma and bereavement; migration and mental health of Indian immigrants in Canada.

Venue: London Voluntary Resource Centre, 356 Holloway Road, London, N7 6PA (See enclosed map)

Regular Fees: £45 (After Oct. 30<sup>th</sup>); £40 (Before Oct. 30<sup>th</sup>); Concessions (Students and unwaged); £35 (After Oct. 30<sup>th</sup>); £30 (Before Oct. 30<sup>th</sup>)

Certificates of attendance will be issued.

Registration: Return enclosed form

: nafsiyat.intercultural@gmail.com : 020-7263-6947
: 0207 561 1884 : www.nafsiyat.org.uk





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### **REGISTRATION FORM**

# DELEGATE DETAILS (PLEASE COMPLETE IN BLOCK LETTERS)

Name	Payment Details
Job Title	The seminar fee is payable on booking (cheque, BACS, or via invoicing).
Organisation	ŭ
Email (required*)	Please tick one of the following: Full rate booking (post-marked after Oct. 30 <sup>th</sup> 2009)
A J.L	□ £45
Address	<ul> <li>£35 Students/unwaged (proof of concessions required)</li> </ul>
Postcode	Early booking (post-marked by Oct. 30 <sup>th</sup> , 2009)
Tel no.	□ £40
	<ul> <li>£30 Students/unwaged (proof of concessions required with registration form)</li> </ul>
If you have a disability, please provide details and describe any special requirements?	
Please indicate payment method (if applicable):	
	le to 'Nafsiyat Inter-cultural Therapy Centre
Please invoice: at the following address:	
Postcode: for £	

- § BACS: Contact Nafsiyat office for account details.
- Please return your completed booking form to: nafsiyat.intercultural@gmail.com or, if paying by cheque, to Nafsiyat Inter-culturalTherapy Centre, Unit 4, Clifton House, 42/43 Clifton Terrace, London N4 3 JP, 20: 020 7263 6947, 8: 020 7561 1884
- § We can only issue refunds for request received by October 30th. A 20% administration fee will apply.

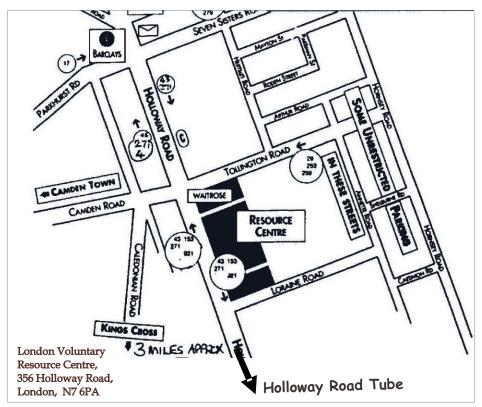




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#### **LOCATION & TRAVEL**



For detailed directions see: http://www.theresourcecentre.org.uk/map.php

#### By London Underground:-

Piccadilly line to Holloway Road station. Exit station, turn left and walk under the railway bridge for 5 minutes. The Resource Centre is on the opposite side of the road (next to Waitrose).

## By bus:-

Buses 4, 17, 29, 43, 153, 253, 259, 271, 279 and X43 stop within a short walk of the Resource Centre. Also there are mobility buses available in the area, these are numbers 920, 921, 923 and 927

#### By car:

There are no unrestricted parking areas or car parks near the Centre.